

Choming Flower, Gem and Tree Essences

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Blanketflower Essence – This is a powerful essence that works at a number of levels, physical, emotional, intellectual and is a major stress releaser; it's very grounding helping you stay and feel more in the moment; it helps clear confusions and helps improve your memory; it helps you see, feel and experience your anger so you can move through it into forgiveness; it gives you a deeper consciousness and understanding of your hurts and anger; it helps you move out of that deep rooted sadness; it helps eliminate all parasites, worms, viruses, infectious bacteria, fungus, mould and their spores and roots; it detoxifies at a deep cellular level helping release chemical, metal, atomic, and other poisons.

Black-Eyed Susan Flower Essence – This essence is an essence that works at a number of levels, physical, emotional, and is a major stress releaser; it helps to bring your emotions to the surface so that you can see, feel and experience and release them; it gives you a deeper consciousness and understanding of your hurts and anger; it's a powerful healer for the liver and the entire digestive system, the endocrine system, and the nervous system; it helps eliminate all parasites, worms, viruses, infectious bacteria, fungus, mould and their spores and roots; it detoxifies at a deep cellular level helping to release chemical, metal, atomic, and other poisons; it give high energy.

Borage Essence– This Choming Essence stimulates and supports change and transformation; it gives hope, courage and strength to those who are discouraged, and who have lost some faith in justice, life, love and God; it helps restore faith in yourself and others; it supports courage, gladness and optimism to those who have a tendency to depression; it helps you reach out for new friends, activities and experiences; it helps release all types of sadness, grief and despair, both old and new; it helps you break out of prisons of dependency and all types of fears; it's a powerful healer of the brain and supports improved memory, concentration and the ability to focus; it helps you stay more in the moment rather than living in daydreams. It's also a very powerful eliminator of all parasites, worms, viruses, infectious bacteria and fungus and mould issues.

Burdock Flower Essence - At a physical level, it can cleanse and rejuvenate the brain; it can clear the debris from the mental aura supporting improved concentration, memory, and the ability to focus; for those easily distracted, helps them become centered, focused and to stick with something until it's completed; it helps you have a less prickly approach to life; it helps release all types of anger, grief, sadness, despair and bitterness; a powerful support for those addicted to recreational drugs, food or alcohol; supports patience, kindness and endurance; helps you break out of prisons of codependency, dependency, and all types of fears; a major eliminator, cleanser, and rejuvenator; helps you heal those relationships affected by negative thought patterns and behavior.

Catalpa Tree Essence - The Essence To Heal Broken or Hurting Hearts - Helps with all matters of the heart; a powerful, deep, gentle healer; helps you deal with issues around abandonment, separation, betrayal; for adults and children hurting from separation, divorce, or death issues; comforts you, helps you look after your emotional needs; for times when you feel unloved; helps you strengthen your feminine qualities of nurturing, caring, looking inward, and thinking about and looking after others; a good support during major changes; good eliminator of parasites, worms, viruses, infectious bacteria, and mould and fungus overgrowth issues.

Cedar Tree Essence - This essence is a powerful eliminator of all invaders including parasites, worms, viruses, infectious bacteria, fungus, candida, mould, atomic metal and chemical poisons, and all spores and roots; it is a major cleanser of all toxins; it helps to strengthen your resolve so you can reach out to do what you really want to do; it enhances strength and courage in times of change and transition; it puts a protective shield around you to protect you from negative energies; it will help you become more grounded, more realistic about who you are and who others are; it helps you to stay more present and in the moment; it helps you strengthen your boundaries, knowing what you need in life to be healthy; it's an important healer for the endocrine system, and the blood system.

Chiastolite Gem Essence - Essence for Giving Hope to the Discouraged and Weary - When you're weary, tired, despairing, and giving up hope, it gives you the strength to go on; assists in transitions and states of change helping you to find that deep inner strength and courage; helps those who have difficulty speaking their emotions to start talking about their inner feelings; helps shift negative emotions and emotional patterns; cleanses blockages in the auras and chakras; helps to release buried rage so you can hear it and slowly release it; helps eliminate parasites, worms, viruses, fungus and mould, and metal and chemical poisons; helps eliminate abnormal cellular growth.

Clematis – Niobe Flower Essence – This is a very powerful essence with a very high vibration for the elimination of the most difficult parasites, viruses, worms etc., especially in the latter stages of a Choming Essence elimination and detoxification program; it helps eliminate all toxins, chemical and metal poisons trapped within; it helps stimulate the body to heal itself; it helps you to know yourself more deeply and completely; it helps you to listen and trust that inner voice within you, your intuition; it helps you to be more compassionate with yourself and with others.

Dandelion Root Essence – This essence works at many levels. It's a very powerful healer for heart issues, blood pressure issues, and all issues relating to structure including joints, muscles and ligaments. It helps you to stay grounded, present in the moment instead of daydreaming. It's powerful for eliminating all invaders including parasites, worms, viruses, infectious bacteria, and fungus and mould overgrowths. It helps to cleanse all toxins, including metal and chemical poisons.

Evening Primrose Flower Essence – This essence focuses completely on physical healing; it's a powerful healer for the digestive, elimination and endocrine systems; it's for those who have had health issues for an extended period time; it stimulates deep healing; it helps to bring a healthy balance to organs and systems unbalanced through parasites, worms, candida type of infestations ; it's a deep eliminator of parasites, worms, viruses, infectious bacteria, candida overgrowth, their spores and roots, and metal chemical and atomic poisons; it helps in the healing of irregular cell growth; it helps ease depression caused by parasites, worms, viruses, and candida.

Foxglove – White - Flower Essence – This flower essences works on many levels at the same time; at the physical level it can help eliminate all parasites, worms, viruses, candida, other types of fungus, infectious bacteria, and metal chemical and atomic poisons; it cleanses toxins and poisons; it helps activate systems that are slow and under-performing, including the immune, circulatory and metabolic systems; it helps healing at a cellular level; it's an important healer for the endocrine, respiratory, and heart systems; it's a powerful essence for helping you feel more confident in yourself; it helps to dispel fears that create self-doubt or self-criticism; it helps to move out old and buried grief.

Goldenrod Flower Essence - The Strength, Courage and Determination Essence: Eases the effects of physical trauma; helps you become more grounded; eases feelings of depression which can result from the stumbling blocks of life, the promotion you didn't get or the love affair gone sour; it supports strength, courage, and determination; it helps you be true to yourself rather than pleasing others; it helps those who have a need for negative attention; it helps those who create barriers to relationships through negative behavior; a powerful detoxifier of physical body and aura of all invaders; strengthens physically and emotionally; opens the mind to spiritual inspiration; softens rigid religious beliefs.

Hollyhock (Deep Red) Flower Essence – For Experiencing Joy – This essence is for those who are too ambitious, overly anxious, obsessive and/ or compulsive, spaced out from over-activity; it will help them gain a new perspective on themselves, even seeing some of their limitations; it will help you to begin seeing yourself as a being, not just through your accomplishments; it helps heal disconnects in your mind; it helps you begin to experience the real joy of living; it's a deep eliminator of parasites, worms, viruses, infectious bacteria, candida overgrowth, their spores and roots, and metal chemical and atomic poisons; it helps ease depression caused by parasites, worms, viruses, and candida.

Hydrangea Tree Flower Essence – This essence will help you connect more deeply with Universal Energies from other dimensions; it's a strong support for prayer and meditation; it helps you transmute buried

emotions of sadness and depression; it cleanses and unblocks energies in all energy systems in and around you including the meridian systems, the chakra system, the auras and your extended energy field; this in turn will support enhanced longevity; it also helps you relax very deeply.

Indian Pipe Essence - For people going through periods of loneliness and isolation, this essence helps you to deal with those issues that took you into this way of life; it helps those who feel invisible and forgotten; it helps you come out of the darkness into the light; it increases your awareness; it helps you become more open to spiritual guidance; it cleanses and unblocks energies in all energy systems in and around you including the meridian systems, the chakra system, the auras and your extended energy field; it's a powerful eliminator of all parasites, worms, viruses, infectious bacteria, metal, chemical and atomic poisons, and all types of fungus and mould; it's a deep cleanser and rejuvenator; it's a powerful healer of the lymphatic system.

Lily of the Valley Flower Essence - To Express Your Emotions - This essence will help you become less fearful and controlling; it helps those who have difficulty expressing emotions begin to talk about their inner feelings; it will help you relax you physically and mentally; it will help you stop yearning for something you can never have; it will help you sleep differently, more deeply, and remember those dreams which are sent to guide you and teach you; it helps in all matters of the heart, physical and emotional; it quiets a busy mind; it will help you grieve and release emotions stemming from losses and disappointments in life; it gives hope to the discouraged.

Love Lies Bleeding Flower Essence - For All Matters of the Heart - When you're feeling hurt, angry, longing, affection for someone who's lost interest in you this is the essence to take; it eases the hurt and mental obsession; it helps you stop thinking compulsively about the person; it helps you take the right action to end within you what is already ended; it helps heal and bring together a heart that's been broken into pieces; it supports courage and strength in your ability to keep loving even after such hurts; it helps you move beyond the hurt into new and more loving relationships.

Oak Tree Essence - A Master Healer- Especially For Strength, Stability and Composure - Stimulates and supports your development of strength, stability and composure; helps you keep your feet on the ground even when surrounded by chaos; for those who are too stubborn, inflexible and need to have their own way most of the time, it softens and gentles them out; supports perseverance for those difficult times; for people too hardened and toughened by life, it softens and gentles them out; helps to connect you with the worlds of the stars and the planets.

Red Spruce Tree Essence - To Stimulate Your Body's Own Healing Power - This essence stimulates change in the physical and energetic bodies; it helps you take charge of your healing process and to find the resources within you rather than looking to someone else for the answers; it helps you look within for your own healing sustenance; it helps you take responsibility for your own recovery; it stimulates the body's own healing power; it helps release stresses from the physical and electro-magnetic field; eliminates all invaders including parasites, worms, viruses, infectious bacteria candida overgrowth and mould, and detoxify metal and chemical poisons; helps eliminate irregular cell growth.

Rose – Kaleidoscope – Essence – This essence works on physical, emotional and spiritual issues; it helps you feel and experience the mysteries of life, becoming more playful, light-hearted, connecting with the child within; it helps you become more open to living life to its fullest measure, believing more deeply in yourself and others; it's about deepening your love for yourself and others; it helps you integrate back into your consciousness those pieces that you have allowed to become separated from you; it's a powerful eliminator and cleanser of all parasites, worms, viruses, infectious bacteria, candida overgrowth, their spores and roots, and chemical and metal poisons; it helps stimulate healing with irregular cell growth.

Rose – Caroline - Essence – This essence activates those organs and systems that make you feel more energetic, it's about high energy; it's a deep cleanser, purifier, detoxifier, and eliminator; it's a powerful healer for the digestive system, the elimination system, the urinary system, and all energy systems; it helps you concentrate, focus your thinking so that your thought processes are calmer and more logical; it helps you to deepen and strengthen your meditations; it's a powerful eliminator and cleanser of all

parasites, worms, viruses, infectious bacteria, candida overgrowth, their spores and roots, and chemical and metal poisons.

Sedum (Wine) Flower Essence - Transformation of Consciousness - Stimulates and supports major life changes; stimulates and supports shifts towards a higher level of consciousness; helps you find your true purpose in life; helps you work with your emotions so you become more connected with them, seeing them and understanding them; helps you connect with the Universal Creator and the Universal Energy Field; supports you as you move towards a stronger and deeper relationship with this Universal Power; stimulates and supports your relationships with energies from other dimensions.

Sumac Tree Essence: Stimulates the enhancement of rich and positive masculine qualities including physical and emotional strength, confidence, and healthy ambition; it brings the sunshine into your life; helps you deal with issues around feeling inadequate; helps the passive get more active; helps you stop procrastinating; a powerful help in releasing the emotions that have been repressed for some time; strengthens the protective instinct in men; helps eliminate parasites, worms, viruses, candida, metal and chemical and atomic poisons, and infectious bacteria; can help eliminate all types of depression stemming from physical as well as emotional issues; it's a powerful healer for the circulation system and the lymphatic system.

Sunflower Essence – To Bring Inner Sunshine: This essence will help release the sadness buried within so you can feel the sunshine of life more deeply; it helps ease depression, lethargy, and low energy; it helps bring internal sunshine to those who are saddened by difficult times in life; it helps take the hard edges off many thought patterns and attitudes; helps soften rigid thinking and beliefs; it helps you have a less prickly approach to yourself and others; supports higher energy; it enhances the beautiful masculine qualities of assertiveness, ambition and achievement; it helps you connect with the healing energies of the Sun planet; it a powerful detoxifier eliminating all parasites, worms, viruses, infectious bacteria, moulds and fungus, and metal, chemical and atomic poisons.

Small Sunflower Essence – This essence will help release the sadness buried within so you can feel the sunshine of life more deeply; it helps ease depression, lethargy, and low energy; it helps bring internal sunshine to those who are saddened by difficult times in life; it helps take the hard edges off many thought patterns and attitudes; helps soften rigid thinking and beliefs; it supports higher energy; it enhances the beautiful masculine qualities of assertiveness, ambition and achievement; it helps you connect with the healing energies of the Sun planet; it a powerful detoxifier eliminating all parasites, worms, viruses, infectious bacteria, moulds and fungus, and metal, chemical and atomic poisons.

Tamarack Tree Essence - This tree essence helps eliminate free-floating anxiety, especially the type that nothing else seems to help; it helps you stop thinking compulsively; it assists in cleansing and rebuilding the nervous system throughout the body; it rebalances emotional excesses to mute the extremes and provides a soft and gentle comfort while it's doing its work; helps to wash out feelings so you can be full of sunshine again; detoxifies the brain enhancing brain functions; it eliminates all invaders including parasites, worms, viruses, infectious bacteria, fungus mould; it cleanses metal chemical, atomic, pollution and pesticide poisons; it helps regenerate a weakened nervous system; eases depression caused by difficult happenings in life; it strengthens you physically.

Tufted Vetch Flower Essence - To Develop Independence and Self- Confidence - This essence can stimulate many changes; it helps you to become your own person, to believe in yourself, your abilities and to love yourself and look after yourself, instead of clinging to others; it will help you to have more self-confidence; your need to be protected by others will be shifted; supports assertiveness, strengthened boundaries, and saying no at the right time; especially good for those who are too gentle, nurturing and caring; it a powerful detoxifier eliminating all parasites, worms, viruses, infectious bacteria, moulds and fungus, and metal, chemical and atomic poisons.

Vipers Bugloss Flower Essence - This essence is so powerful it will affect many elements in your physical, emotional, mental and spiritual lives; it helps for those who have suffered abuse, physical, emotional, mental and sexual; it helps release physical, emotional and mental trauma; it will help you see and

understand yourself so you can deal with your own behavior and make changes to end whatever is abusive in your life; it gives victims an understanding of their issues around allowing themselves to be victims; can eliminate anything, detoxify and cleanse all systems, and rejuvenate for enhanced energy and a zest for life; can draw out all types of atomic and radioactive poisons from the physical and energetic bodies; helps eliminate all parasites, viruses, worms, infectious bacteria, and fungus and mould issues.

Weeping Willow Tree Essence - The Essence For Seeing, Knowing and Processing Feelings - For those who find their feeling a nuisance or getting in the way of doing what they want to do, this is the essence; for those who avoid, can't identify, have fear of, or run away from their feelings; it helps them to see, know, understand, own, and process their feelings; helps you release these feelings; helps you understand feelings in others; will give you a greater intimacy with yourself, and ultimately with others; helps you see and understand your ego especially if you have built defenses to avoid seeing the reality of your ego state.

White Pine Tree Essence - A Master Healer - Especially Powerful For Physical and Emotional Healing - Helps you make sure your feet are on the ground while connecting you with the powers of the Universe; rebalances compulsive thinking; helps bring feelings of sadness and grief to the surface so you can cleanse and release them; helps cleanse various types of fungus at the cellular level; eliminates all invaders including parasites, worms, viruses, infectious bacteria, metal and chemical poisons; helps clean out the lymphatic system; stimulates regeneration of the endocrine system including the thyroid; helps you stay centered through major changes; helps eliminate abnormal cellular growths.

Amber Gem Essence - The Essence That Calms, Grounds and Stimulates Your Body's Physical Healing Power - A very complex essence; it helps you see deeply into the roots of a problem; it stimulates the body to begin to heal more deeply and fully; clears the aura of blockages; stimulates mental functions; eases diseases of the brain; aids memory and clearer decision making; strengthens the cellular system; eases anxiety; helps release physical and mental stress; helps you release old anger; calms the physical body and strong emotional states; very grounding helping you stay centered; healing to joints and ligaments; can draw out all types of atomic and radioactive poisons from the physical and energetic bodies; helps eliminate abnormal cellular growth; it helps eliminate all parasites, worms, viruses, infectious bacteria, fungus, mould and their spores and roots; it detoxifies at a deep cellular level.

Amazonite Gem Essence – This essence will help to eliminate the parasites, worms, viruses, infectious bacteria and their spores, cleansing and rebalancing; it will help to eliminate the fungus, mould and their roots; it's a powerful eliminator of all poisons including chemical, metal and atomic poisons; it helps to break down physical congestion; it will help you be more open to giving and receiving love; it stimulates mental functions and eases all types of brain difficulties; it helps you become more balanced in your emotional reactions to life's happenings; it give insight into who you really are, who others are, and the truth for your life's journey; it helps you to feel and enjoy the abundance of everything surrounding you.

Amethyst Gem Essence - The Cleansing and Releasing Essence - Helps you give and receive love more freely; helps you release and transmute feelings of resentment, judgment and arrogance; supports love in the broadest sense including mother and child, lovers, and children with each other; it helps you live in the state of love and with more integration with society; it helps you clear out negative thought forms and release those that need to be released; helps you see what you need to clear out; strongly helps cleanse all types of toxins and poisons at a deep cellular level; major for cleansing, letting go and surrendering.

Aragonite Gem Essence - To Strengthen Intuition and Connections - Helps you understand and view people and situations differently; strengthens intuition and insight; increases your ability to feel and receive love; helps you solve family complexities; supports patience and acceptance; helps you connect deeply with the loving power of the Universe; helps you become more outgoing, funloving, and able to enjoy life and not be so serious; helps with lung and skin problems; a very powerful eliminator of parasites, worms, viruses, fungus and mould issues, and chemical, metal and atomic toxins; supports deep cleansing.

Barite Gem Essence - A Powerful Regenerator for Physical Damage - This essence eliminates, cleanses, detoxifies at a very deep level, and then can stimulate the repair of the damage within; it helps repair organs and systems often damaged by parasites, worms, viruses, alcohol, drugs, and other similar issues; it's

especially powerful for the pancreas, thyroid, the entire endocrine system and the nervous system; it enhances more self-confidence; it helps you deal with fears; it helps ease compulsive and obsessive thinking and behavior; it's a powerful eliminator of parasites, worms, viruses, fungus, and metal and chemical poisons.

Chrysocola Gem Essence - Releasing Blockages in Your Subconscious - This essence works at many physical and energetic levels; it helps you shift your level of awareness so you see and know many truths about yourself and others, so you can shift your thinking and behavior; it helps strengthen your resolve to do what you really want to do; it helps you accept and love yourself just as you are; it helps ease emotional heartache, and to rebuild relationships; helps you relax and rest; it's a strong healer for the hormone system, rebalancing unbalanced hormone production; it helps you release buried and repressed emotions; it helps eliminate all invaders and their spores and roots.

Chrysoprase Gem Essence: This essence helps those who are rigid in their thinking to look at life in a more flexible manner; for those who feel helpless, hopeless, a failure, or who are grieving, it brings a sense of hope; it helps bring balance and calm; it deeply affects the heart energy to release tension and to open itself to give and to receive love; it's a good healer for the absorptive, lymphatic, nervous and circulatory systems; it helps eliminate all parasites, worms, viruses, infectious bacteria, fungus, mould, chemical, metal and atomic poisons; it eliminates roots and spores of fungus and moulds; it's a powerful help for irregular cell growth; it helps rejuvenate all physical and energy systems in and around you.

Chiolite Gem Essence - Essence for Giving Hope to the Discouraged and Weary - When you're weary, tired, despairing, and giving up hope, it gives you the strength to go on; assists in transitions and states of change helping you to find that deep inner strength and courage; helps those who have difficulty speaking their emotions to start talking about their inner feelings; a powerful essence to help dig out and release buried and repressed emotions; helps shift negative emotions and emotional patterns; cleanses blockages in the auras and chakras; helps to release buried rage so you can hear it and slowly release it; helps eliminate parasites, worms, viruses, fungus and mould, and metal and chemical poisons; helps eliminate abnormal cellular growth.

Citrine Essence - For Clarity in Thinking - Stimulates and supports change and transformation; helps bring the light into darkness; a major help for the mind opening it to new and expansive ideas; helps remove mental blocks; clarifies thinking process for better decision making; enhances creativity and abundance; gently opens, cleanses, detoxifies and rebalances the lymphatic system; detoxifies and rebalances the physical and auric bodies; improves overall energy levels; it's also very powerful for eliminating all types of parasites, worms, viruses, infectious bacteria, fungus and mould, and spores and roots as well as all chemical, metal, and atomic toxins.

Emerald Gem Essence – This combination works to eliminate all parasites, worms, viruses, infectious bacteria, poisons from chemicals, metals and atomic sources, candida, mould and other fungus overgrowths, and spores and roots; it a powerful cleanser of all toxins and poisons; it helps you go through major changes and transitions helping you find that deep inner strength and courage; it helps shift negative emotions, and negative thinking patterns; it helps you become more assertive, and more confident in your abilities; it helps you use your insight with your intelligence; it helps restore equilibrium and balance.

Fulgurite Gem Essence - To Stimulate Major Changes: Fulgurite is a mineral that is formed when lightening hits sand and melts the quartz in this sand; it's about electricity, stimulating change, creativity, sharper connections, improved memory, concentration and intellectual ability, connecting with the planets in the solar system; it can stimulate the electric system and magnetic system; it helps regenerate the electric and magnetic connections in the brain; it can melt away many emotions repressed or frozen within; it's an amazing connector to planets and beings from other dimensions; it supports increased concentration, clarity, memory; it's a powerful support to meditation; it can help eliminate all parasites, worms, viruses, candida, mould, wash out chemical metal and atomic poisons, and cleanse out toxins at a very deep level; helps shift old negative thinking patterns.

Herkimer Diamond Gem Essence - Helps you find more sweetness in life; supports purity; helps you release the clutter from your mind bringing focus and concentration in your thinking, resulting in more focused behavior; all elements of nature have their spirits including the plants, trees, gems, crystals, the sea, all sea life ; this essence will help you connect with these Nature Spirits; it will help you to talk to the Nature Spirits and communicate directly with them,, they just love it when you visit with them; it also clears the electromagnetic system in the body and auras as well as the electric and magnetic systems in the body; the clearing of electromagnetic systems supports a deep inspirational support.

Idocrase Gem Essence - To Connect With the Universe - Gives insight and strength to eliminate the controlling, negative, and fear-based elements in your life; helps you face what or who you fear with courage and strength; dispels depression, anger and fear so you can live with laughter; helps bring feminine and masculine qualities into balance; helps you to listen and honour your inner feelings; helps you know and understand the concepts of other dimensions in a way you never imagined before; connects you with The Universal Power; it works at all physical levels eliminating parasites, worms, viruses, candida, and metal and chemical poisons; it cleanses toxins, rebalances systems.

Iolite Gem Essence – For Success and Psychic Strengthening - Strengthens all psychic work ; keeps you fully grounded while working in/with other dimensions; helps release physical, emotional, mental and spiritual discord and trauma buried in your body so that you can work for success; a powerful essence when conducting or participating in ceremonies, rituals, meditations; balances overall metabolism increasing or slowing an unbalanced metabolism; helps your communication skills to strengthen your relationships; it works at all physical levels eliminating parasites, worms, viruses, candida, and metal and chemical poisons; it's a powerful healer for all physical systems especially the endocrine system; it cleanses toxins, rebalances systems.

Mother of Pearl Essence - Relaxation and Awareness - The Mother of Pearl Essence helps brings amazing relaxation; it can help release physical, emotional and intellectual tension and stress so that you can relax, become more calm and focused, think more clearly, and sleep more easily and deeply; it helps you relax so you can rejuvenate and deal more effectively with life's stresses; it's a strong support in times of crisis and tension, when you feel overwhelmed, fragile and vulnerable; it helps you shift awareness so you become more aware of yourself and your real issues; it's a powerful support during times of change and life transitions; it's a good detoxifier of parasites, worms, viruses, fungus and mould, and all reproductive spores.

Obsidian (Black) Gem Essence - The Protection and Insight Essence - Enhances deeper meditation; slowly shows you some of the deepest secrets of your soul; it is important to note your dreams when taking this essence; will truly enhance your spiritual life; strong protection against negative energies; excellent for clearing negative energies in your home or office when used as a spray; helps dissolve negative energies lodged in the physical body, and the chakras, auras and meridian systems; supports a higher energetic physical health; helps us find light in the darkness.

Orthoclase Gem Essence - All About Playing and Having Fun – This essence helps to increase your energy level; helps you feel the energy moving around inside your body; releases all types of stress so you can relax, have fun and play whether that is dancing, dining out, music, hanging out, or as the West Indians say, just liming; helps you lighten up and see the lighter sides of life; it helps brings laughter into your life, to be more cheerful, feeling the sunshine within you and around you; this essence is a strong eliminator of all parasites, worms, viruses, infectious bacteria, fungus, mould and spores and roots; it washes out all types of toxins; it cleanses metal and chemical poisons.

Pagoda Stone Essence - For Physical Strength and Longevity - Helps you when the going gets tough, whether you're an athlete in training, setting up a business, half way through a major project – when the going gets tough take Pagoda Stone; supports a strong masculine type of strength; when you feel trapped, discouraged, sorry for yourself, fed up, it eases your emotions, depression; makes you stronger, your joints more flexible, gives stamina; supports layers of psychic wisdom; eases sadness of the heart; cleanses and activates the chakras and auras, stimulating the endocrine system which controls the aging process.

Peridot Gem Essence - To Bring Some Reality To Dreamers and Idealists - This essence will help transform and regenerate at a cellular level; brings healing and vitality to the entire body; helps temper the dreams of those who reach for things they can never attain or achieve which leaves them frustrated with a sense of constant failure; helps you accept yourself as an earth being even when you might rather be elsewhere; strengthens assertiveness and confidence; strengthens and clears connections in the brain; powerful for eliminating parasites, worms, viruses, and all types of toxins.

Pyrite Essence— This essence is a strong eliminator of all parasites, worms, viruses, infectious bacteria, fungus, mould and spores and roots; it washes out all types of toxins; it cleanses metal and chemical poisons; it cleanses, rebalances and helps rejuvenate the physical and energetic bodies; it helps those who have difficulty speaking their truth or who are emotionally withdrawn to speak about those things difficult for them to talk about; it helps people speak about what really bothers them; it helps ease anxiety and frustration; it helps open the chakras and auras; it helps strengthen the auras; it helps you live more in the day and even in the moment.

Rose Quartz Essence - Helps you feel and release old pain held within; helps to mend a heart that has been hurt; helps with circulation problems; facilitates the improved movement of energy through the meridian system; helps eliminate fuzziness from your thinking so it is clear, concentrated and focused; improves the memory; dispels confusion; it helps with the integration of the new higher vibrations of energy; facilitates the movement of energy in the meridian system; helps you become more open to show the love you feel; helps clarify and intensify your emotions so you can understand them better; helps to dig out anger, self-pity, and other dark emotions; major in eliminating invaders, cleansing, rebalancing and rejuvenating all systems.

Sumac Tree Essence - The Empowerment Essence – It stimulates strengthening masculine qualities of strength and confidence; it is about empowerment, helping you get more active; it helps bring repressed emotions to the surface; it's effective in eliminating parasites, worms, viruses, candida, and metal and chemical toxins; it can help to alleviate depression.

Ruby Gem Essence - For High Energy, Creativity, Leadership - Helps on many levels including physical, emotional, mental and spiritual; helps amplify your energy; stimulates mental concentration; helps improve memory; stimulates leadership; gives power, passion for life, confidence, self-esteem; raises spirits, clears negative thoughts and certain types of depression; helps heal the heart on all levels and strengthens ability to give and receive love; helps to eliminate all types of fungus, including candida and cellular fungus as well as moulds.

Red Selenite Gem Essence - This essence helps to rebalance and stimulate a very deep healing at a physical level; it is a gentle detoxifier of all invaders, and their spores and roots; can draw out all types of atomic and radioactive poisons from the physical and energetic bodies; it detoxifies metal and chemical poisons; it helps you integrate the faster pace of fourth dimension energies; helps the body absorb the new lights of the fourth dimension; and helps increase your energy without losing your sense of being present in the moment; it's very powerful in helping to activate a tired and underactive thyroid; it helps support clear and positive thinking; all about higher energy and vitality.

Dark Green Tourmaline Essence – This essence heals at all levels including the physical, mental/intellectual, emotional and spiritual; it is healing for the physical body and the energetic systems, especially the electric system, the magnetic system, and the electro-magnetic systems; it eliminates all invaders including parasites, worms, viruses, infectious bacteria, their spores and roots, and chemical, metal and atomic poisons; it helps cleanse the body, chakras and auras ; it is calming and helps you get and stay centered; it calms a mind that just too busy going in many directions at the same time; it helps bring hidden emotions and resentments to the surface; it helps you to begin to communicate more easily and speak in a more intimate manner.

Clear Tourmaline Essence – This is an essence that works on all electric, magnetic and electro-magnetic systems, the meridian system; it brings healing to these energetic systems that have been damaged; it heals damages in the auras and chakras; it stimulates the chemical system to heal and rebalance itself; it helps

the blood system to release toxins, impurities and poisons; it helps repair a damaged immune system; it helps ease free-floating anxiety and eases mental stress; it promotes concentration and enhances creativity; it's a powerful healer of the lungs and kidneys; it helps eliminate all parasites, worms, viruses, infectious bacteria, fungus mould, roots and spores; it cleanses toxins, and chemical metal and atomic poisons.

Dark Blue Tourmaline - This essence will help you to find more of your own power within and start to use it more effectively; it will help to increase your assertiveness; it will help you to become more adventuresome, trying new friends, activities, developing new skills; it will help to release and wash out old fears buried deep within for a long time; it helps eliminate cellular memory; it supports strengthened self-esteem and self-confidence; it helps you have faith and hope and trust in the Universe and the love it has for you; it helps you grow spiritually; it's a powerful eliminator of all invaders and their spores and roots; it's a deep cleanser of poisons and toxins; it's a powerful healer of the absorptive system.

Black Tourmaline Gem Essence - The Cleanser and Protector Essence - It's a major cleanser of the auras, chakras and the entire electro-magnetic system; aids in eliminating blockages in the electro-magnetic system to ease the flow of energy and increase energy flow in the etheric, emotional, mental and spiritual auras; helps to dissolve buried depression; connects you with the spirit world while keeping you grounded to Mother Earth; can transform negative thinking into positive thinking; helps heal the digestive system; can dissolve psychic hooks, nails, and all types of spells; a powerful eliminator of all invaders, including parasites, worms, viruses, infectious bacteria, candida overgrowth, metal and chemical poisons, and roots and spores.

Vanadenite Gem Essence – This essence will help eliminate all parasites, worms, viruses, infectious bacteria, fungus, mould, and their spores and roots; it will help release all chemical, metal and atomic poisons; it will help cleanse toxins; it is amazing for helping you release toxins from all physical and energetic systems; it helps those who tend to give but have difficulty receiving to see their needs more openly and to begin to have some of their needs met; it will help you receive from others; it helps soften rigidity and a controlling approach to life; it will help you become more grounded and present with yourself and others; it will help you become more outgoing; it helps bring love to all situations.

Variscite Gem Essence – This essence will help you become more outgoing, reaching for others in love and laughter; it softens a controlling and rigid approach to life, softening things; it helps you to procrastinate less, becoming more of a doer; it draws prosperity, money, fun, joy and success to you; it's about being busy and happy with the achievement side of life while remaining resent in the moment; it's a powerful eliminator of all invaders including parasites, worms, viruses, infectious bacteria, fungus, candida overgrowth, mould, and spores and roots; it's a deep cleanser of all toxins and poisons, metal, chemical and atomic; it's a major healer of the absorptive and nervous systems; it stimulates healing of damage caused by invaders.

Valencianite – This essence helps to dissipate negative energies created by fear and anger; it's especially good for those nameless fears and anxieties which are present but difficult to identify; it helps you identify and release resentments; it can dissolve fears resting in your auras from past lives; it can dissolve energies from psychic attacks and negative thought forms; it helps to release cellular memory of negative experiences; it helps shift old and deep negative thinking patterns; helps you see and feel your deeper self; it also is powerful for eliminating and cleansing all parasites, viruses, worms, spores, and all types of toxins.

Walrus Ivory Essence - The Essence to Connect With Many Worlds - An essence that takes you to another dimension to experience what you need to experience in that moment; it helps you relax and become the best you can be; a good friend when you're alone and lonely; can help you connect with your inner rhythms; can strengthen your intimate relationships and relationships within your community; great for difficulties with joints and muscles; it cleanses and activates the chakras, auras, meridian system, and the electric and magnetic systems; these then activate the endocrine system which controls the aging process.

Whalebone Essence - For a Change in Consciousness - This essence is made from the bone of a male whale, a beautiful, huge male whale who was very old when he left this world; it will shift your consciousness to new levels; it stills a mind that has difficulty being quiet so that you can relax and work with other dimensions; it brings you to a place of peace with your own inner rhythms; it helps you play, work, laugh, worship, with the community in which you live, a much stronger sense of community; it helps you deepen your connection with your deeper inner self, find that soul consciousness, reach into your deeper subconscious; it digs out emotions within you that are constraining you from deeper spiritual growth.